

2024



## MOTHER & CHILD CARE BENEFIT

### WHAT IS THE MOTHER & CHILD CARE BENEFIT?

Our Mother and Child Care benefit is designed to give expectant mummies and their little ones some extra TLC and ensure they get the best possible start by offering access to:

- Our comprehensive maternity programme
- 24/7 maternity advice line and online pregnancy webinars
- The Bonitas baby bag
- Maternity consultations and scans
- Newborn hearing screenings
- 24/7 helpline for medical advice for children of all ages
- Childhood immunisations
- Paediatric and GP consultations



# MOTHER & CHILD CARE

	BONCOMPREHENSIVE	BONCLASSIC	BONCOMPLETE	BONSAVE	BONFIT SELECT	STANDARD STANDARD SELECT	PRIMARY PRIMARY SELECT	HOSPITAL STANDARD	BONESSENTIAL BONESSENTIAL SELECT	BONSTART PLUS	BONSTART	BONCAP	
Paediatrician/GP consultations	per child under 1 year		3	x	2	2	2	2	2	x	x	x	x
	per child between ages 1 and 2		2	x	1	1	1	2	2	1	x	x	x
	per child between ages 2 and 12 (GP only)		2	x	1	1	1	2	2	1	1	x	x
Antenatal consultations with a gynaecologist, GP or midwife	12	12	6	6	6	12	6	6	6	6	6	x	x
Antenatal classes	R1 500	R1 500	R1 500	R1 450	x	R1 500	x	x	x	x	x	x	x
2D ultrasound scans	2	2	2	2	2	2	2	2	2	2	2	x	2
Amniocentesis	1	1	1	1	1	1	1	1	1	1	1	x	x
Consultations with a midwife after delivery (1 of these can be used for a consultation with a lactation specialist)	4	4	4	4	4	4	4	4	4	4	4	x	4
Maternity Programme	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Babyline: 24/7 helpline for medical advice for children of all ages	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Immunisation (including reminders) up to the age of 12 according to the Private Vaccination schedule OR Expanded Programme on Immunisation in South Africa (State schedule)	Private	Private	Private	State	State	Private	State	x	x	State	x	State	
Hearing screening for newborns up to 8 weeks, in or out-of-hospital	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	x	✓
Congenital hypothyroidism screening for infants under 1 month old	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	x	✓
Bonitas baby bag including baby care essentials	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>NEW</b> Milestone reminders for children under 3 years	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>NEW</b> Online screenings for infant and toddler health	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Product rules, limits, terms and conditions apply. Where there is a discrepancy between the content provided herein and the Scheme Rules, the Scheme Rules will prevail.

0860 002 108 | bonitas.co.za | WhatsApp 060 070 2491 type 'Hi' to start a session

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## MATERNITY BENEFIT

Our maternity benefits are designed to support you during your pregnancy and childbirth, to give your little one the best possible start. These benefits are paid from Risk, so they will not affect your savings or day-to-day benefits. To get even more value, make sure you use a provider on our network.

### WHAT DOES THIS BENEFIT COVER?

- Antenatal consultations
- Amniocentesis
- Newborn hearing screening (In or out of hospital)
- 2D ultrasound scans
- Postnatal consultations with a midwife
- Antenatal classes with a midwife
- Congenital hypothyroidism screening for children under one month old

The availability of these benefits depends on the plan you have chosen.

## REMEMBER TO PRE-AUTHORISE YOUR HOSPITAL STAY

1

We need a pre-authorisation number for your pregnancy. This can be done from 20 weeks onwards. Please call us on 0860 002 108 or email [hospital@bonitas.co.za](mailto:hospital@bonitas.co.za) to pre-authorise your hospital stay.

2

You will need to provide us with the following information:

- Membership number
- Name and surname
- Date of expected delivery
- Type of delivery
- Procedure and ICD-10 codes
- Name and practice numbers of the hospital and your treating doctor/s

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## MATERNITY BENEFIT

# MATERNITY PROGRAMME OFFERING

We believe that as an expecting mom your pregnancy should be a unique and joyful experience. On top of our maternity benefits, the Bonitas Maternity Programme offers members even more support. Through targeted assistance during each trimester, pregnancy education and specific related engagements, via telephone and digital channels, we aim to help our members, achieve this. With our Maternity Programme, we hope to improve the health of moms-to-be and, as a result, reduce the number of complications.



### BONITAS BABY BAG

Get a beautiful baby bag packed with goodies for you and your newborn. To register, call **0860 999 121**. You must be at least 24 weeks pregnant and have obtained pre-authorisation for your delivery.

### DIGITAL WEBINARS AND EVENTS

These cover various aspects of maternity and baby care (held twice a month).



NEW

### ONLINE ASSESSMENTS

Complete online assessments for pregnancy and mental health. This allows us to identify areas in which you may need support.



### 24/7 MATERNITY HEALTH ADVICE LINE

Call **0860 999 121** for any health-related queries during your pregnancy.



### WEB CONTENT

Access a series of articles regarding common health issues during pregnancy.



### DEDICATED CLINICAL CARE ADVISORS

A maternity nurse/midwife will call you at certain key stages throughout your pregnancy.



### PREGNANCY EDUCATION EMAILS

Receive weekly emails for the duration of your pregnancy on various childbirth topics.



### ONLINE ANTENATAL CLASSES

Access online antenatal classes to prepare you for the birth, your stay in hospital and when you go home.



### WEEKLY STAGE APPROPRIATE SMSs

Receive weekly SMSs appropriate to the specific stage in your pregnancy.



### POST-CHILDBIRTH FOLLOW-UP CALLS

A clinical care advisor will call you after the delivery of your baby to check on your wellbeing.



NEW

### SUPPORT FOR HIGH-RISK PREGNANCIES

Early identification of high-risk pregnancies and weekly engagements.



NEW

**TO JOIN THE MATERNITY PROGRAMME, SIMPLY CALL 0860 999 121.**

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## CHILDCARE BENEFIT



The BabyLine benefit is available on all Bonitas plans for children under three years. It is a 24-hour children's health advice line.

Parents or caregivers can simply call **0860 999 121** and they will be put through to a paediatric trained registered nurse. The nurse will ask a series of questions depending on the concern raised by the parent or caregiver. Please have your Bonitas membership number on hand. The parent/caregiver will then be given professional advice on what to do next and whether the symptoms are urgent enough to visit the ER or maybe their doctor or specialist. If necessary, the nurse will advise who is the most appropriate healthcare provider to see the child.

**Please note:** BabyLine is a general paediatric health advice service and does not provide a diagnosis or prescription. If you feel your child requires urgent medical attention, please take your child to the nearest healthcare facility. Make sure you have your Bonitas membership number available when you call.

## CHILDHOOD IMMUNISATION

The childhood immunisation benefit is designed to ensure that we support families to keep their children healthy.

### DO I HAVE TO USE A CONTRACTED SERVICE PROVIDER?

No. You can use any service provider, however consultation or administration will be covered at the Bonitas Rate.

**Please note:** The vaccination can only be given by a registered healthcare professional or pharmacy with a valid licence to dispense medicine.

### WHO CAN ACCESS THIS BENEFIT?

The benefit is available to all our members on BonComprehensive, BonClassic, BonComplete, BonSave, BonFit Select, Standard, Standard Select, Primary, Primary Select, BonStart Plus and BonCap.

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## CHILDCARE BENEFIT

### WILL THE BENEFIT BE PAID OUT OF MY AVAILABLE DAY-TO-DAY/SAVINGS?

This is an additional benefit which falls under the preventative care benefit. The cost of the vaccine, including the administration fee of the nurse practitioner will be paid at the Bonitas Rate from Risk.

### WHAT DOES THE BENEFIT OFFER?

On BonComprehensive, BonClassic, BonComplete, Standard and Standard Select:

Childhood immunisations (including reminders) up to the age of 12 according to the Private Vaccination schedule in South Africa.

On BonSave, BonFit Select, Primary, Primary Select, BonStart Plus and BonCap:

Childhood immunisations (including reminders) up to the age of 12 according to the Expanded Programme on Immunisation in South Africa.

## CONTACT DETAILS



Call: 0860 002 108

Website: [www.bonitas.co.za](http://www.bonitas.co.za)